

Children, Youth and Families (CYF) Behavioral Health Services



Provider Resource Manual

Available on line at:

<http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2016.pdf>



COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY



LIVE WELL
SAN DIEGO

San Diego County Health and Human Services Agency
The Access and Crisis Line

Crisis Intervention
Behavioral Health Information and Referral
Suicide Intervention
Resources



24 hours a day, 7 days a week

- Professional Counselors Will Answer Your Call
- Multi-Lingual Capability Through AT&T Language Line Services
 - Spanish Speaking Counselors Available
- The Access and Crisis Line is able to make referrals to the entire system including individual contracted Fee For Service providers

“It helps to talk it over”

(888) 724-7240

TTY for the Deaf and Hard of Hearing (619) 641-6992

Live Chat Services Available Mon – Fri 4pm – 10 pm

- Free confidential support
 - Crisis Intervention and Suicide Prevention
- Referrals for mental health and drug & alcohol needs

Go to: www.up2sd.org or www.optumsandiego.com

San Diego County
 Health and Human Services Agency
 Children, Youth and Families Behavioral Health Services

Provider Resource Manual
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Introduction

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The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children, Youth and Families Behavioral Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

P.O. Box 85524
SAN DIEGO, CA 92186-5524
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Access and Eligibility for Services

County funded Behavioral health services are intended for children and adolescents who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, substance abuse/dependence) or who require behavioral health services in order to function in school, at home or in the community. Generally services are targeted for the Medi-Cal beneficiaries and low income up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. ***However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations.*** Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at **(888) 724-7240**.

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However clients have the option to choose or use a family member or a friend as an interpreter. The client/family are not expected to provide their own translator. All Behavioral Health programs have access to translators.

Fees and Funding

Behavioral health services provided through the County of San Diego are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees, private insurers, County general funds, State funds, and specialized grants. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. *No person who otherwise qualifies for services will be turned away due to lack of funds.*

Organizational Providers - Serve children/youth with complex needs.

Health Plans – Serve children/youth with mild to moderate needs.

CYFBHS has integrated Mental Health Services (MHS) and Alcohol and Drug Services (ADS) for children, youth and families and gender specific Alcohol and Drug Services through the perinatal ADS Women's programs. CYFBHS embraces the principles of a Comprehensive Continuous Integrated System of Care for co-occurring disorders. CYFBHS emphasizes wellness and physical health integration and *Live Well San Diego* in a holistic approach with children, youth and families.

San Diego Network of Care

The Network of Care website is a resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

<http://sandiego.networkofcare.org>

This manual is maintained by BHS CYF administration and updated by Yvonne Gage of BHS CYF. If you have any revisions, edits, and or comments, please call 619-584-3016 or e-mail at:

Yvonne.Gage@sdcounty.ca.gov

Children, Youth and Families Behavioral Health Services

Mission and Vision Statement

Mission

The mission of Children, Youth and Families Behavioral Health Services is to advance a rich array of services delivered through an integrated, community-based, behavioral health System of Care that enables children and adolescents to achieve positive outcomes. These desired outcomes are the basis for the goals of the System of Care:

- ◇ Children and youth live at home or in home-like settings
- ◇ Children and youth stay out of trouble
- ◇ Children and youth are successful in school
- ◇ Children and youth are safe

Vision

Children, Youth and Families Behavioral Health Services (CYFBHS) works with a broad constituency of stakeholders embracing the HHS *Live Well San Diego* Vision to build a community of families, neighbors, schools and child serving maximizes their potential in school and in the home, and prepares them to be productive and responsible adults.

Definitions

Advocacy and Support Services

Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and behavioral health professionals.

Child Welfare Service (CWS)

Child Welfare Services (CWS) and Behavioral Health Services (BHS) jointly administer the Pathways to Well Being program along with many other shared planning efforts. Behavioral Health Services and CWS coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care.

Crisis Services

24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

Day Treatment Programs

Day Treatment Programs provide an intensive treatment program that offers individual, family and group services in a therapeutic milieu. Services include medication management and monitoring, crisis intervention, case management and rehabilitation services. Some Day programs are co-located in a residential treatment program while some are community based. Access to residential day programs is through the Probation or Child Welfare Services.

Family and Youth Partners

Family and Youth Partners is an overarching term for: a caregiver of a child/youth who is/was a consumer in a public agency serving children, an individual with experience as a consumer in a public agency serving children, youth and family partner roles may include, but are not limited to: Support Partners; Peer to Peer; Case Management; Advocacy/Community Engagement; Training and Supervision; Outcomes and Evaluation; Administrative.

Fee for Service (FFS) Network

Services for Medi-Cal beneficiaries access through Optum Health/Access and Crisis Line.

Full Service Partnership (FSP)

Full Service Partnership (FSP) provides an array of services to children and youth and their families beyond the scope of traditional clinic-based outpatient mental health services. FSP services provide additional supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community, guided by a commitment to do "whatever it takes," to help children, youth and their families achieve self-defined goals toward resilience and wellness.

Inpatient Psychiatric Hospitals

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

Intensive Case Management

Intensive Case Management are community-based services that emphasize the strengths of the children, youth and family and includes the delivery of coordinated, individualized services to address needs and achieve positive outcomes. Providers engage in a unique assessment and treatment planning process that is characterized by the formation of a child, family and multi-agency team which includes community and natural supports.

Juvenile, Forensic Assistance for Stabilization and Treatment (JFAST)

JFAST of Juvenile Offenders is a Mental Health Court Calendar, comprised of partners from the Juvenile Forensics STAT Team, Probation, the Juvenile Court, Primary Public Defender, District Attorney, Vista Hill Juvenile Court Clinic, Wraparound providers and other mental health professionals and community representatives. Youth referred to the program are screened by Probation and a behavioral health assessment is completed by the BHS STAT Team. When youth is accepted into the JFAST Program a case plan is developed that is formalized at a hearing that identifies the conditions and terms of probation. Clients receive individualized treatment services which can include individual and family therapy, wraparound services, substance abuse counseling and case management services.

Juvenile Forensic Services

Juvenile Forensic Services provide a variety of behavioral health services to children and youth who are involved with the Juvenile Court either through criminal or dependency proceedings. Access to services is managed through the Court, Juvenile Probation or Social Services.

Outpatient Services

Outpatient programs offer psychiatric evaluation, medication management, individual, group, and family therapy, rehabilitative services and case management to children /youth with a high level of need. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service most programs schedule an assessment appointment to see a clinician as needed. Outpatient services provide services for Medi-Cal children/youth and indigent youth who meet criteria for specialty mental health services. The Medical Health Plans serve children/youth with mild to moderate level of need.

Prevention and Early Intervention (PEI)

Prevention programs bring mental health awareness into the lives of all members of the community through public education initiatives and dialogue. To facilitate accessing supports at the earliest possible signs of mental health problems and concerns, PEI builds capacity for providing mental health early intervention services at sites where people go for other routine activities (e.g., health provider, education facilities, community organizations). Mental health becomes part of wellness for individuals and the community, reducing the potential for stigma and discrimination against individuals with mental illness.

Probation

The Probation Department and Behavioral Health Services coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care. These services range from behavioral health services at Juvenile Hall, and the Camps to community based treatment such as Breaking Cycles and Juvenile Drug Court Services.

Residential Day/Outpatient Programs

Residential Level 12 and 14 programs offer day treatment and outpatient services for children and youth who are placed in a residential treatment facility. Access to these programs is through Child Welfare Services or through Probation and the Juvenile Court involvement.

School Based Services

Outpatient and day services provided at over 400 school sites throughout the County.

Teen Recovery Centers (TRC) Day Treatment/Outpatient Program

Adolescent Teen Recovery Center programs provide developmentally appropriate substance abuse treatment for adolescents and their families including those with co-occurring disorders. Regional programs provide outpatient services, day treatment services and crisis intervention. TRC's have school satellites at selected school grounds to facilitate access to resources.

Therapeutic Behavioral Services (TBS)

Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. TBS is an ancillary service in the home school or at the child/youth current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

Transition Age Youth (TAY)

Youth ages 16-21. TAY youth may be served in the Children, Youth and Families System of Care (CYFSOC), TAY specific programs or for those TAY 18 and older that are seriously mentally ill, the Adult/Older Adult SOC.

Women's Perinatal Alcohol and Other Drug (AOD) Services

The County of San Diego has a Perinatal System of Care that provides a wide array of Alcohol and Other Drug (AOD) treatment services to all women. Perinatal AOD services are designed specifically to meet the needs of pregnant and/or parenting women and teens. Pregnant women have priority admission to recovery and treatment programs. The perinatal programs provide a welcoming and safe environment, gender specific curriculum, with individualized trauma informed care, that focuses on the needs of mothers working towards recovery.

Perinatal AOD treatment is available throughout the county and includes: long term residential treatment for women and their children, Spanish-speaking staff, perinatal detoxification, outpatient programs for women and teens, and intensive mobile perinatal case management services to high risk pregnant women or teens. The perinatal AOD treatment programs support the needs of mothers through, parenting classes, child therapy, life skills, healthy relationships, recovery groups, classes for improving self-esteem, education, transportation and free onsite childcare. All services are provided on a sliding fee scale. Treatment fees may be waived for Medi-Cal recipients.

Advocacy and Support Services

Breaking Down Barriers

(619) 543-0412
4069 30th Street
San Diego, CA 92104

Hours: M-F 9:00-5:00
Population: Children and Adults
Service: Mental health education, outreach, community linkage and collaboration
Specialty Populations: Unserved and underserved diverse cultural groups
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Adrienne Yancey

Consumer Center for Health Education and Advocacy (CCHEA)

(877) 734-3258
1764 San Diego Avenue, Suite 200
San Diego, CA 92110

Hours: M-F 9:00-5:00
Population: Children and Adults
Service: Assistance with accessing health services and benefits. Handles outpatient care complaints and grievances to ensure that mandated rights are protected.
Parent Organization: The Legal Aid Society
County of San Diego Program Monitor: Steve Jones

Deaf Community Services

(619) 398-2441
1545 Hotel Circle South, Suite 300
San Diego, Ca 92108

Hours: M-F 8:30-5:00
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families
Service: Sign language interpretation for all behavioral health and case management services
Specialty Populations: Unserved, underserved deaf or hard of hearing individuals of all ages
Parent Organization: Deaf Community Services of San Diego
County of San Diego Program Monitor: Virginia West

Family/Youth Partner Program

(858) 684-3080
5275 Market Street Suite E
San Diego, CA 92114

Hours: M-F 9:00-4:30 and by appointment
Population: Parents and clients and TAY youth of the South East Mental Health Clinic
Service: Full Service Partnership (FSP), parent and peer support, family and peer advocacy, information and referral, support services
Parent Organization: Harmonium, Inc.
County of San Diego Program Monitor: Wendy Maramba

Interpreters Unlimited

(800) 726-9891

11305 Rancho Bernardo Road Suite 101
San Diego, CA 92127

Hours: M-F 7:00-5:00
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families
Service: Interpretation for all behavioral health and case management services and linkages with families in need of language translation
Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English
Parent Organization: Interpreters Unlimited
County of San Diego Program Monitor: Virginia West

Patient Advocacy Program (Inpatient/Residential Setting)

(619) 282-1134

(800) 479-2233

8804 Balboa Avenue
San Diego, CA 92123

Hours: 24 hours/7days
Population: Children and Adults
Service: Patient advocacy and protection of patient's rights when in a 24 hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected
Parent Organization: Jewish Family Service of San Diego
County of San Diego Program Monitor: Steve Jones

Crisis Services

Access and Crisis Line

1 (888) 724-7240

TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: 7 days - 24 hours Hotline

Live Chat Services: www.up2sd.org or www.optumsandiego.com

Hours: M-F 4pm-10pm

Population: Children, Adolescents, Transition Age Youth, Adults, Older Adults and their families

Service: Behavioral Health Access and Crisis Line (ACL), crisis/suicide/substance abuse intervention, behavioral health information and referrals

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Tabatha Lang

Emergency Medication Clinic

(619) 397-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: By appointment only on M/W/F 9:00-12:00

Population: Children, Youth and Families with emergency/crisis medication refill needs

Service: Emergency/crisis refill service when the primary treating psychiatrist or physician have been contacted and are not available to see the client/family to prevent a medication crisis.

Specialty Populations: Children/youth in emergency/crisis related to psychiatric medication management

Parent Organization: County of San Diego

County of San Diego Program Monitor: Rebecca Raymond

Emergency Screening Unit (ESU)

(619) 421-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: 7 days - 24 hours

Population: Children and Youth under age 18

Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization

Specialty Populations: All psychiatric emergencies are seen

Parent Organization: County of San Diego

County of San Diego Program Monitor: Rebecca Raymond

Psychiatric Emergency Response Team (PERT)

Contact 911 for emergencies

Population: Services are provided to individuals with a behavioral health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment. Services include special attention to special needs of Transitional Age Youth (TAY) and Older Adult populations in the underserved communities, and to the Veteran population.

Service: PERT contributes to the well-being of individuals experiencing a mental health crisis who have come in contact with law enforcement, with the goal of more humane and effective handling of incidents involving law enforcement officers and individuals with mental illness, developmental disabilities and /or substance use disorders.

Specialty Populations: Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

Parent Organization: Community Research Foundation

County of San Diego Program Monitor: Betsy Knight

Behavioral Crisis Center and Mobile Assessment Team

(760) 730-5900

3605 Vista Way, Suite 258

Oceanside, CA 92056

Hours: M-F from 10:00 AM.-8:00 PM

Population: Unserved, uninsured, Medi-Cal and underserved Seriously, Emotionally Disturbed Children and Youth up to the age of 21 and their families experiencing a mental health crisis or urgent need for mental health services

Service: Mobile Psychiatric Emergency Response and walk-in assessment clinic Assessment, information, referral, medication management, linkage to hospital when required, follow up visits

Specialty Populations: Youth and Adolescents to age 21 requiring immediate mental health services

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Fran Cooper

Medication Support for Polinsky Children's Center Residents

(858) 874-1082

9400 Ruffin Road

San Diego, CA 92123

Hours: 7 days, 24 hours

Population: Children and Youth residing at Polinsky Children's Center who have been prescribed psychotropic medications

Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children's Center

Specialty Populations: Children/Youth residing in Polinsky Children's Center

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Rebecca Raymond

Inpatient Psychiatric Hospitals

Aurora Behavioral Health Care/San Diego

(858) 487-4200

11878 Avenue of Industry

San Diego, CA 92128

Hours: 7 days, 24 hours
Population: Children and Youth under the age of 18
Service: FFS and Acute psychiatric inpatient services- back up beds for indigenous parents. Medi-Cal only.
Parent Organization: Signature Healthcare
County of San Diego Program Monitor: Rebecca Raymond

Child and Adolescent Psychiatry Service (CAPS)

(858) 576-1700

8001 Frost Street

San Diego, CA 92123

Hours: 7 days, 24 hours
Population: Children and Youth under the age of 18
Service: Acute psychiatric inpatient contracts for Medi-Cal and indigenous children/youth
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Rebecca Raymond

Sharp Mesa Vista Hospital

(858) 836-8434

7850 Vista Hill Avenue

San Diego, CA 92123

Hours: 7 days, 24 hours
Population: Children and Youth up to age 21
Service: Partial hospitalization treatment for children and teens experiencing difficulties in coping, depression, anxiety and substance abuse. Dual-diagnosis program for teens facing both substance abuse and a mental health illness. After-school cognitive therapy for teens.
Parent Organization: Sharp Mesa Vista Hospital

Residential Program Support

Casa de Amparo

(760) 754-5510
4070 Mission Avenue
Oceanside, CA 92057

Hours: M-F 9:00-7:00 (Outpatient services M-Su as needed)
Population: Children and Youth ages 6 to 18 residents of San Diego and who currently reside at Casa de Amparo Rate Classification Level 12
Service: Full Day Rehabilitation program for children and youth placed at Casa de Amparo. Services may include outpatient, aftercare or transitional services
Specialty Populations: Juvenile Court dependents
Parent Organization: Casa de Amparo
County of San Diego Program Monitor: Frances Edwards

Clark Adolescent Treatment Center

(858) 277-9550
3003 Armstrong Street
San Diego, CA 92111

Hours: M-F 2:30-8:00 (Evening and weekend hours available as needed)
Population: Children and Youth ages 13 to 18 who can reside in Clark Residential Treatment Center.
Service: Day Rehabilitation Program for children currently residing in Clark residential treatment center services that have been enhanced with a TAY life skills training program. Co-occurring disorders service capability
Specialty Populations: Juvenile Court Dependents, TAY youth; Co-occurring
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Dual Diagnosis Services

(619) 797-1090
3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-4:300
Population: 12 to 18 year old referred by Child Welfare Services and San Diego Regional Center and who currently reside in Fred Finch residential facility
Service: Full Day Rehabilitation and outpatient services
Specialty Populations: Emotionally disturbed youth with developmental disability
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Frances Edwards

Substance Use Disorders (SUD)

Group Homes

(619) 442-0277

Spring Valley, CA 91978

Lemon Grove, CA 91945

Ramona, CA 92065

Hours: 7 days, 24 hours
Population: Adolescents, age 12 to 18 who have a primary alcohol or other drug dependency problem other than tobacco or ordinary caffeine containing beverages
Service: Provide 24-hour adolescent short term residential alcohol and other drug (AOD) treatment/recovery and ancillary services to the community. AOD residential adolescent services shall be designed to engage the community's racial, ethnic and economic populations. Mental health services also provided on site.
Specialty Populations: Adolescents with alcohol or other drug dependency problem
Parent Organization: McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Jean Avila

Hillcrest Day Program

(619) 692-0777

4309 Third Avenue

San Diego, CA 92103

Hours: M-F 9:00-5:00
Population: Children and Youth referred by CWS or Juvenile Court who reside in Hillcrest Residential Facility
Service: Full Day Rehabilitation and Outpatient services
Specialty Populations: Juvenile Court Dependents
Parent Organization: New Alternatives Inc.
County of San Diego Program Monitor: Frances Edwards

Polinsky Day Program

(858) 514-4625

9400 Ruffin Road

San Diego, CA 92123

Hours: M-F 3:00-8:00
Population: Dependent Children and Youth detained in shelter care at Polinsky Children's Center
Service: Outpatient Services and transitional services
Specialty Populations: Child Welfare Services dependents residing at Polinsky Children's Center
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Rebecca Raymond

Children's Residential Treatment, Level 12 & 14

(858) 277-9550

3004 & 3002 Armstrong Street

San Diego, CA 92111

Hours: M-F 8:00-6:00
Population: Children and Youth ages 6 to 13. Referred by Juvenile Court and CWS
Service: Full Day Rehabilitation
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

San Pasqual Academy

(760) 233-6005

17701 San Pasqual Valley Road

Escondido, CA 92025

Hours: M-F 8:00-5:00
Population: Medi-Cal eligible Children and Youth up to age 21
Service: Full Day Rehabilitation program for residents of San Pasqual Academy (SPA)
Specialty Populations: Transition Age Youth, Juvenile Court Dependents residing at SPA
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Michael Miller

Stabilization Treatment and Transition (STAT) Team

(858) 694-4680

2901 Meadow Lark Drive

San Diego, CA 92123

Hours: M-F 8:00-7:00
Population: Children and Youth up to age 18 detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF) and Camp Barrett
Service: Crisis intervention, counseling, medical evaluations, brief assessment, consultation, transitional mental health services and community stabilization
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
County of San Diego Program Monitor: Frances Edwards

Day Treatment Programs

Cajon Valley School Project

(619) 588-3653

550 E. Park Avenue #305

El Cajon, CA 92020

Hours: M-F 8:00-4:00 (evening appointments available upon request)
Population: Children and Youth, Medi-Cal only, kindergarten thru 8th grade
Service: Day Rehabilitation or Outpatient Services for children in the Cajon Valley Union School District

Specialty Populations: Cajon Valley School District students

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Frances Edwards

Marcy Day Program

(619) 525-7372

2716 Marcy Avenue

San Diego, CA 92113

Hours: M-F 7:30-4:00
Population: Medi-Cal eligible Youth referred by school district, 9-12 grade
Service: Day rehabilitation or Outpatient Services, individual therapy and medication support services

Specialty Populations: San Diego Unified School District students only

Parent Organization: San Diego Unified School District

County of San Diego Program Monitor: Frances Edwards

Merit Academy Adolescent Day Treatment Center

(619) 448-1162

1600 N. Cuyamaca Street

El Cajon, CA 92020

Hours: M-F 7:30-4:30, T and Th until 7:00 p.m.
Population: Medi-Cal eligible Youth referred by school district, 9-12 grade
Service: Day Rehabilitation

Specialty Populations: Grossmont School District students

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Frances Edwards

New Dawn Day Program

(858) 496-1655

5650 Mt. Ackerly Drive

San Diego, CA 92111

Hours: M-F 8:00-4:30 T, Th - late appointments possible
Population: San Diego Unified School District High School emotionally disturbed student's grades 9-12, Medi-Cal eligible

Service: Day rehabilitation, individual therapy and medication support services

Specialty Populations: San Diego Unified School District students

Parent Organization: San Diego Unified School District

County of San Diego Program Monitor: Frances Edwards

Reflections

(619) 668-0363
8376 Hercules Street
La Mesa, CA 91942

Hours: M-Th 8:00 – 4:30, F 8:00 – 4:00
Population: Children and Youth up to 18 years referred by the Juvenile Court for intensive behavioral health day rehabilitation services.
Service: Day Rehabilitation. Provides family-based services to adolescents and their families. Program offers a competency-based school program, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
County of San Diego Program Co-Monitor: Frances Edwards

Sexual Treatment Education Program and Services (STEPS)

(858) 565-2510
4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 8:00-4:00
Population: Sexually reactive Youth (male and female)
Service: Day Treatment Intensive (males), Outpatient (males and females, age 6-18)
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Medi-Cal
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Frances Edwards

Unified Day Treatment

(858) 292-9523
5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8:00-5:00
Population: Medi-Cal eligible Children and Youth referred through school districts
Service: Day Rehabilitation
Specialty Populations: San Diego Unified School District students
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

Wraparound/Intensive Case Management

Families Forward Wraparound

(858) 380-4676

9445 Farnham Street, Suite 100

San Diego, CA 92123

Hours: M-F 8:00-5:00 office hours / 24 hours availability
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principles. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, case management, medication management, individual therapy, assessment, and family therapy
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Wendy Maramba

Wraparound

(619) 281-3706

3434 Grove Street

Lemon Grove, CA 91945

Hours: M-F 8:00-5:00/ 24 hour availability
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Wendy Maramba

WrapWorks

(858) 633-4100

3002 Armstrong Street

San Diego, CA 92111

Hours: M-F 8:30-5:00 (Evenings by appointment)
Population: Seriously Emotionally Disturbed Children and Youth ages 5 to 21
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Wendy Maramba

Satellite locations:

235 W. 5th Avenue, Suite 130

San Marcos, CA 92069

123 Worthington Street, Suite 201

Spring Valley, CA 91977

Therapeutic Behavioral Services

Therapeutic Behavioral Services (TBS)

(619) 615-0701

Fax (619) 615-0897

2535 Kettner Blvd. 1A4

San Diego, CA 92110

Hours: M-F 8:00-5:00 (coaching hours per need)

Population: Medi-Cal Children and Youth up to 21 and families

Service: One on one behavioral, in home coaching services, case management, by referral

Specialty Populations: Transition Age Youth, Preschool aged children

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Michael Miller

Outpatient Services
Fee For Service (FFS) Network

Treatment & Evaluation Resource Management (TERM)

(877) 824-8376

Fax: (619) 641-6779

3111 Camino del Rio North, Suite 500

San Diego, CA 92108

Hours: M-F 8:30-5:00

Population: Child Welfare Services (CWS), Juvenile Probation

Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers

Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Tabatha Lang/Fran Cooper (CYF Liaison)

Outpatient Services **Organizational Providers Network**

Advocating, Listening, and Leading the Youth (ALLY)

(619) 628-2591 (619) 267-5115
490 Emory Street 502 Euclid Avenue
Imperial Beach, CA 91932 National City, CA 91950
Hours: M/W 10:00-7:00, T & F 8:30-5:30 M-F 8:00-5:00

Population: Children and Youth on Medi-Cal up to age 21
Service: Outpatient clinic services, pediatric referrals and school-based services
Individual, group and family therapy. Psychiatric services and medication management.

Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Rebecca Raymond

Catalyst

(858) 300-0460
7986 Dagget Street
San Diego, CA 92111

Hours: M-F 9:00-6:00
Population: Transition Age Youth (TAY) ages 16 to 24 Medi-Cal or indigent who have a Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and who may have a co-occurring mental illness and substance abuse disorder and who have been homeless or are at risk of homelessness, have transitioned from foster care, may have been in juvenile institutions or justice system and /or are users of acute inpatient care
Service: Assertive Community Treatment program that includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, basic needs, family psycho-education, supportive employment development, legal assistance and Full Service Partnership (FSP)

Specialty Populations: N/A
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Deborah Malcarne

Central School-Based Program

(858) 278-3292
4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 7:30-5:00
Population: Children and Youth up to age 21 - Medi-Cal and uninsured (MHSA eligible) and must be in San Diego Unified School District. Uninsured (MHSA eligible)
Service: School Based, Individual, family, and group therapy. Case management, medication evaluation and monitoring, bilingual services and interpreters available

Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Wendy Maramba

Central School-Based Services

(619) 283-9624

4275 El Cajon Blvd., Suite 101

San Diego, CA 92105

Hours: M-F 9:00-5:00 (weekends/evenings by appointment)
Population: Children and Youth up to age 21
Service: School based outpatient diagnosis and brief treatment services; case management and rehabilitative services with San Diego Unified School District
Parent Organization: Social Advocates for Youth
County of San Diego Program Monitor: Wendy Maramba

Chaldean-Middle Eastern Social Services

(619) 631-7400

436 S. Magnolia Avenue Suite #201

El Cajon, CA 92020

Hours: M-F 9:00-5:00
Population: Medi-Cal and unfunded Children and Youth up to age 21
Service: School based support groups and Outpatient mental health services
Specialty Population: Middle Eastern Refugees
Parent Organization: Chaldean-Middle Eastern Social Services
County of San Diego Program Monitor: Deborah Malcarne/Fran Cooper

Childnet

(760) 741-2660

1002 East Grand Avenue

Escondido, CA 92025

945 Vale Terrace Drive

Vista, CA 92084

Hours: M-F 8:30-5:00, Sat 9:00-5:00
Population: Medi-Cal and MHSA eligible, Children ages 0-5 and their families
Service: Assessment, behavioral intervention, teacher intervention at designated preschools, implementation of Incredible Years Curriculum. Provides behavioral intervention and preschool teacher training to assist young children succeed in preschool and the community
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Michael Miller

Community Circle Central/East

(619) 515-2355

2204 National Avenue

San Diego, CA 92113

(619) 515-2380

3845 Spring Drive

Spring Valley, CA 91977

Hours: M-F 8:00-5:00
(home visits by appointment)
Population: School-based Children and Youth with Medi-Cal and MHSA up to age 21
Service: Outpatient mental health clinic services. Individual, group and family therapy. School-based mental health services for children, youth and their families, psychiatric services and medication management.
Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Rebecca Raymond

Comprehensive Assessment and Stabilization Services (CASS)

(619) 281-3706
3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8:00-5:00
Population: Seriously Emotionally Disturbed Children and Youth up to age 21, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care
Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by CWS Social Workers
Specialty Populations: Children who are dependent of the Court
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Rebecca Raymond

Cornerstone

(619) 640-3266
6244 El Cajon Blvd., Suite 14
San Diego, CA 92115

Hours: 8:30-5:00 Day and evening hours available by appointment
Population: (MHSA and Medi-Cal) unfunded Children and Youth up to age 21
Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management
Specialty Populations: Clinic and school-based, San Diego Unified School District
Parent Organization: Pathways Community Services
County of San Diego Program Monitor: Wendy Maramba

Counseling and Treatment Center (CTC)

(619) 232-6454
1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Children and Youth up to age 21
Service: School-based counseling services, individual and group counseling, family counseling, substance abuse counseling, case management, and outreach. Services provided at designated schools within San Diego Unified School District
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

Counseling Cove

(619) 525-9903
2250 Fourth Avenue, Suite 301
San Diego, CA 92101

Hours: M-F 9:00-6:00 Weekend and evenings by appointment
Population: Severely emotionally disturbed, homeless, runaway youth throughout entire county of San Diego ages 12 to 21
Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative, support services and Full Service Partnership (FSP)
Specialty Populations: Homeless and runaway youth, TAY population; youth with co-occurring disorders
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Wendy Maramba

Crisis Action & Connection (CAC)

(619) 591-5740

730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 8:00-6:00, program hours vary. 24 hour assistance available
Population: Children and Youth ages 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance Children and Youth up to age 21 who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity. Referrals made by HHSA.
Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies
Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender
Juvenile Court Dependents
Parent Organization: New Alternatives, Inc.
County of San Diego Program Monitor: Rebecca Raymond

Crossroads Family Center

(619) 441-1907

1679 E. Main Street, Suite 102
El Cajon, CA 92021

Hours: M, Tu, Fri 9:00-5:00, Wed 8:00-8:00, Th1 0:00-6:00
Population: Children and Youth with Medi-Cal, Healthy Families, uninsured (MHSA eligible) up to age 21
Service: Crisis and community support, individual, group and family therapy, case management medication management with therapy, school based services in Rural East county districts and Full Service Partnership (FSP)
Specialty Populations: Transition Age Youth Outreach to rural East County area
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper

Developmental Evaluation Clinic (DEC)

(858) 966-5817

3020 Children's Way, MS 5843
San Diego, CA 92123

Hours: M-F 8:00-5:00
Population: Infants, pre-school and school age children
Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs
Specialty Populations: Children under the age of 6
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Rebecca Raymond

Douglas Young Youth and Family Services

(858) 300-8282

7907 Ostrow Street, Suite F

San Diego, CA 92111

Hours: M, T, W 9:30-6:00, Th 12:00-8:00, F 9:00-5:00
Population: Children and Youth, Healthy Families, Medi-Cal, uninsured (MHSA eligible)
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication management, Full Service Partnership (FSP) and School-based services within San Diego Unified School District
Specialty Populations: Transition Age Youth and Co-Occurring Disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Wendy Maramba

Early Childhood Mental Health (ECMH) – Incredible Years

(619) 238-0471

3510 Newton Avenue, Building B103

San Diego, CA 92113

Hours: M-F 8:00-5:00
Population: SED Children ages birth to five in San Diego Unified School District pre-school(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance
Service: School-based mental health services that utilizes the Incredible Years curriculum
Specialty Populations: Latino and Asian Pacific Islander SED children and their families
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

East Outpatient Counseling Program

(619) 668-6200

7339 El Cajon Blvd. Suite K

La Mesa, CA 91941

Hours : M-F 8:00-5:00
Population: Children and Youth who are Medi-Cal eligible and uninsured (MHSA)
Service: School based mental health services in Lemon Grove School District, La Mesa- Spring Valley District and Grossmont School District
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Rebecca Raymond

East School-Based Services

(619) 448-9700

1870 Cordell Court, Suite 101

El Cajon, CA 92020

Hours: M-F 9:00-5:00 (Evenings by appointment)
Population: Medi-Cal eligible Children and Youth up to 21 years old
Service: School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Rebecca Raymond

Fallbrook-Family Counseling

(760) 731-3235

120 W Hawthorne Street

Fallbrook, CA 92028

Hours: M-F 8:30-5:30
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: Individual, group and family therapy, medication management and case management. Provides school based services to Fallbrook High School District, Fallbrook Elementary District
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Michael Miller

Family Intensive Treatment-Juvenile Justice

(619) 334-5636

2351 Cardinal Lane, Annex B

San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evening hours available as needed)
Population: San Diego Unified School district students that are SED and have been detained at the Kearny Mesa Juvenile Detention Facility
Service: Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation
Specialty Populations: Adolescent probation wards referred by the Probation Department
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

Foster Family Agency Stabilization & Treatment (FFAST)

(858) 633-4115

8775 Aero Drive, Suite 132

San Diego, CA 92123

Hours: M, W, F 9:00-5:00, Tu & Th 9:00-6:30 (additional evening & weekend hours as needed)

Population: Full Scope Medi-Cal eligible beneficiaries up to 21 years of age who reside in Foster Family Agency homes and meet medical necessity diagnostic and impairment criteria in accordance with California Code of Regulations Title 9

Service: Provide specialty mental health services: individual therapy, family therapy, group therapy, parent training groups, crisis intervention, family support/rehabilitation, case management, collateral support, and medication evaluation/monitoring

Specialty Populations: Children/youth who are dependents or wards of the Juvenile Court and reside in San Diego County Foster Family Agency homes

Parent Organization: San Diego Center for Children

County of San Diego Program Monitor: Michael Miller

Satellite location

145 Vallecitos de Oro, Suite 210

San Marcos, CA 92069

Green Oak Ranch

(760) 598-2803

1237 Green Oak Road

Vista, CA 92083

Hours: M-F 9:00-8:00

Population: Children and Youth up to age 18 diverted from Polinsky Center residing in North County

Service: Assessment, case management services

Specialty Populations: Children under the age of 6, Juvenile Court Dependents

Parent Organization: New Alternatives Inc.

County of San Diego Program Monitor: Rebecca Raymond

Incredible Families-ParentCare Center

(619) 668-4200

4990 Williams Avenue

La Mesa, CA 91941

Hours: M-F 8:00-5:00 (Evening/weekend hours available pursuant to the needs of the clients)

Population: Juvenile Court dependent children, ages 0 – 11 referred by CWS

Service: Provides verified increased outcomes to CWS families in reunification by providing brief mental health services to children, Incredible Years Basic Parenting groups for the adults and also visitation with a family style dinner setting. This is provided in the community throughout the county.

Specialty Populations: Juvenile Court Dependent children through age 11

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila

Juvenile Court Clinic

(858) 571-1964

2851 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:30-5:00

Population: Seriously Emotionally Disturbed Children and Youth that are Wards and Dependents of the Court without funding and/or have exhausted medication resources and are referred by the Probation Department and or Child Welfare Services

Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Frances Edwards

KidSTART Center EPSDT Clinic

Central-North Central

(858) 576-1700 Ext. 5803

3665 Kearny Villa Road, Suite 501

San Diego, CA 92123

Hours: M 8:00-6:00, T-F 8:00-5:00 (Additional evening and weekend hours as needed)

North Coastal

(760) 967-7082

3605 Vista Way, Suite 101

Oceanside, CA 92056

Hours: M-F 8:00-6:00

(Eve. hours one day a week)

South

(619) 420-5611

1261-D Third Avenue

Chula Vista, CA 91911

Hours: M-F 8:00-6:00

(Eve. hours one day a week)

Population: Medi-Cal eligible children ages birth to 5 years

Service: Outpatient mental health services treatment for children and youth experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center

Specialty Populations: Child Welfare Services children ages 0-5

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Michael Miller

Learning Assistance Centers

(760) 788-9724

1012 Main Street

Ramona, CA 92065

(760) 489-4126

1029 N. Broadway

Escondido, CA 92026

Hours: M-F 8:00-5:30 (Evenings and weekend hours are available)

Population: Children and Youth up to age 21

Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal and Mental Health Services Act for uninsured/underinsured children. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), Warner Springs, Spencer Valley, Escondido Union Elementary School District (elementary and middle school students) and San Pasqual Union

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Michael Miller

Mental Health Resource Center

(858) 573-2227

2351 Cardinal Lane, Annex B

San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evening hours available by appointment)
Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, Probation/MST Program, and selected preschool sites Also includes referred elementary and middle school Emotionally Disturbed students
Service: School based Outpatient Mental Health Services
Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotional Disturbed (SED) Asian and Latino children and youth
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

Mobile Adolescent Services Team (MAST)

(619) 398-3261

1202 Morena Blvd., Suite 300

San Diego, CA 92110

Hours: M-F 9:00-5:00 (evening sessions by appointment only)
Population: Children and Youth up to age 21 enrolled in Juvenile Court and Community Schools (JCCS) district. Must be Medi-Cal eligible or uninsured (MHSA eligible)
Service: School based Juvenile Court and Community Schools (JCCS), Individual, family and group therapy; crisis and community support; medication management; school/community based services
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers, youth with co-occurring substance abuse disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper

Multi-Cultural Community Counseling (MCC)

(619) 578-2211

5296 University Ave., Ste. F-2

San Diego, CA 92105

Hours: M-F 9:00-6:00
Population: 5 years up to age 21 year old Medi-Cal or no insurance from Latino or Asian Pacific Islander population
Service: Full Service Partnership providing outpatient individual, group and family therapy, crisis and community support, psychiatric evaluation and medication management and intensive case management
Specialty Populations: Asian and Pacific cultures
Parent Organization: Union of Pan Asian Communities (UPAC)
County of San Diego Program Monitor: Wendy Maramba

Nueva Vista Family Services

(619) 585-7686

1161 Bay Blvd., Suite B

Chula Vista, CA 91911

Hours: M & F 9:00-5:00, T, W, Th 9:00-7:00
Population: Children and Youth, Medi-Cal, Healthy Families, and uninsured (MHSA eligible)
Service: Outpatient psychiatric services, Full Service Partnership (FSP), medication management, individual, family and case management, Clinical based services and EPSDT services for National School District, Chula Vista Elementary School District, and Sweetwater High School District
Specialty Populations: Spanish speaking
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Fran Cooper

North Inland/North Coastal - Family Counseling

(760) 741-2660

1002 East Grand Avenue

Escondido, CA 92025

945 Vale Terrace Drive

Vista, CA 92084

Hours: M-F 8:30-5:00
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible
Service: School based, outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible
Specialty Populations: Oceanside, Vista, Valley Center and Escondido High School District
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Michael Miller

Outpatient Psychiatry

Central Clinic

(858) 966-5832

3665 Kearny Villa Road #101

San Diego, CA 92123

Hours: M-F 8:00-5:00, closed 12:00-1:00, (Evenings by appointment)
Population: Children and Youth up to age 21. Medi-Cal, MHSA, and Healthy Families, uninsured
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Wendy Maramba

North Coastal

(760) 758-1480

3605 Vista Way, Suite 258

Oceanside, CA 92056

North Inland

(760) 294-9270

625 W. Citracado Pky., 102

Escondido, CA 92025

Hours: M-F 8:00-5:00, closed 12:00-1:00, (Evenings by appointment)
Population: Children and Youth up to age 21, school based and clinic based
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Michael Miller

Para Las Familias Center

(619) 565-2650

1340 Imperial Beach Blvd., Suite 204

Imperial Beach, CA 91932

Hours: M-F 8:00-5:00 (Evening hours available to families)
Population: Children, ages 0 - 5, on Medi-Cal and non-insured children
Service: Assessment, individual, filial and family therapy. Services provided at clinic, Pre-school sites and in-home services
Specialty Populations: Children under the age of 6; Juvenile Court Dependents
Parent Organization: Episcopal Community Services
County of San Diego Program Monitor: Rebecca Raymond

San Diego Deaf Mental Health Services

(858) 410-1067

707 Broadway, 2nd Floor

San Diego, CA 92101

TDD for Hearing Impaired: (858) 410-1067
Hours: M-F 8:30-5:00
Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing
Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services
Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders
Parent Organization: San Diego Deaf Mental Health Services
County of San Diego Program Monitor: Virginia West

School Based Outpatient

Central/East/South

(858) 966-5832

3665 Kearny Villa Road #101

San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evenings by appointment: 5:00-7:00)
Population: Children and Youth up to age 21, Medi-Cal, MHSA, and Healthy Families, uninsured
Service: Clinic and school-based mental health services in SDUSD, East Region (Grossmont/Santee) and South Region (San Ysidro District), medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Rebecca Raymond

Southeast County Mental Health Clinic

(619) 595-4400

3177 Ocean View Blvd.

San Diego, CA 92113

Hours: M-F 8:00-5:00 (Evenings by appointment)
Population: Children and Youth up to age 21
Service: Outpatient therapy, individual, group and family therapy, medication management, school liaison and advocacy. Spanish speaking, and licensed therapists and Full Service Partnership (FSP)
Parent Organization: County of San Diego
County of San Diego Program Monitor: Wendy Maramba

Survivors of Torture International

(619) 278-2400
P.O. Box 151240
San Diego, CA 92175

Hours: M-F 8:30-5:00
Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill
Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals
Specialty Populations: Victims of trauma and torture
Parent Organization: Survivors of Torture International
County of San Diego Program Monitor: Cecily Thornton-Stearns

Therapeutic Interventions Designed to Empower Students (TIDES)

(619) 281-8313
4394 30th St
San Diego, CA 92104

Hours: M-F 8:30-5:00 (appointments are also available from 5:00 to 8:00 pm)
Population: Ages 5 up to age 21; Medi-Cal and MHSA. Referred by school or community
Service: Provides outpatient services at different school sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits
Specialty Populations: Children and adolescents
Parent Organization: YMCA
County of San Diego Program Monitor: Wendy Maramba

Youth Enhancement Services (YES)

(619) 428-5533
3025 Beyer Blvd. E101
San Diego, CA 92154

Hours: M-F 8:00-8:00pm, Sat. 8:00-2:00
Population: Children and Youth up to age 21
Service: Outpatient clinic based services, psychiatric services, medication management. School based EPSDT and MHSA services provided for San Ysidro School District and Sweetwater Union High School District and Full Service Partnership (FSP)
Specialty Populations: Spanish speaking
Parent Organization: San Ysidro Health Center, Inc.
County of San Diego Program Monitor: Rebecca Raymond

Teen Recovery Centers

Central Teen Recovery Center

(619) 521-5720

3288 El Cajon Blvd, Suite 13

San Diego, CA 92104

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Union of Pan Asian Communities

County of San Diego Program Monitor: Wendy Maramba

Satellite Programs

ALBA Community School

4041 Oregon St.

San Diego, CA 92104

Hoover High School

4474 El Cajon Blvd.

San Diego, CA 92115

Crawford High School

4191 Colts Way

San Diego, CA 92115

San Diego High School

1405 Park Ave.

San Diego, CA 92101

Central Southeastern Teen Recovery Center

(619) 795-7232

220 South Euclid Avenue, Suite 40

San Diego, CA 92114

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Wendy Maramba

Satellite Programs

Morse High School

6000 Skyline Drive

San Diego, CA 92114

Lincoln High School

4777 Imperial Ave.

San Diego, CA 92113

East County Teen Recovery Center

(619) 588-5361

550 Fesler Street, Suite G-1 & G-2

El Cajon, CA 92020

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Rebecca Raymond

Satellite Programs

Chaparral High School
1600 North Cuyamaca St.
El Cajon, CA 92020

Mount Miguel High School
8585 Blossom Lane
Spring Valley, CA 91977

New Hope Perinatal Teen Recovery Center

(619) 263-1790

1212 South 43rd St., Ste. C

San Diego, CA 92113

Hours: M-F 10:00-6:30
Population: Female adolescents (age 12-17)
Service: Adolescent perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Adolescents also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant, parenting teens and Latina ages 12 to 17
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila

North Central Teen Recovery Center

(858) 277-4633

7867 Convoy Court, Building #5, Suite 302

San Diego, CA 92111

Population: Adolescents (age 12-17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Wendy Maramba

Satellite Programs

Madison High School
4833 Doliva Dr.
San Diego, CA 92117

Junipero Serra High School
5156 Santo Rd.
San Diego, CA 92124

North Coastal Teen Recovery Center

(760) 726-4451

3923 Waring Road, Suite D

Oceanside, CA 92056

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: McAlister Institute for Treatment and Education.

County of San Diego Program Monitor: Michael Miller

Satellite Programs

El Camino High School

400 Rancho del Oro Dr.

Oceanside, CA 92057

Ocean Shores High School

3131 Oceanside Blvd.

Oceanside, CA 92056

North Inland Teen Recovery Center

(760) 744-3672

340 Rancheros Drive, Suite 166

San Marcos, CA 92069

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor: Michael Miller

Satellite Programs

Montecito High School

720 9th St.

Ramona, CA 92065

San Marcos Unified

225 Pico Ave.

San Marcos, CA 92069

South Teen Recovery Center

(619) 691-1045

629 3rd Avenue, Suite C

Chula Vista, CA 91910

Population: Adolescents (age 12 – 17) with substance use and abuse issues
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: McAlister Institute for Treatment and Education

County of San Diego Program Monitor: Rebecca Raymond

Satellite Programs

MAAC Charter School

1385 Third Avenue

Chula Vista, CA 91911

Palomar High School

480 Palomar St.

Chula Vista, CA 91911

Women's Perinatal Alcohol and Other Drug (AOD)

Residential

KIVA

(619) 465-7302

2049 Skyline Drive

Lemon Grove, CA 91945

Hours: 24 Hour Residential AOD Detox and Treatment
Population: Women and Children
Service: Long-term residential program (6 to 12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services
Specialty Populations: Pregnant/Parenting women and their children up to age 12
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila

Family Recovery Center

(760) 439-6702

1100 Sportfisher Drive

Oceanside, CA 92054

Hours: 24 hr residential open M -Th 8:00 -8:00 and F 8:00 - 6:30
Population: Women and Children
Service: Women's non-residential Alcohol and Other Drugs (AOD) treatment services- North Coastal Region. Long -term residential program (6-12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

North County Serenity House – Serenity Center

(760) 747-1015

1341 N. Escondido Blvd

Escondido, CA 92026

Hours: 24 hour residential program
Population: Women, primarily pregnant & parenting and their children under age 12
Service: Women's and perinatal residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction. Children under 12 may reside with their mothers.
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12
Parent Organization: healthRIGHT 360
County of San Diego Program Monitor: Jean Avila

Outpatient

Family Recovery Center

(760) 439-6702
1100 Sportfisher Drive
Oceanside, CA 92054

Hours: M-Th 8:00-8:00 and F 8:00-6:30
Population: Women and Children
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling and Incredible Years parenting classes.
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

Harmony West

(619) 285-1718
6154 Mission Gorge Drive, #120
San Diego, CA 92120

Hours: M-F 9:00-8:30
Population: Women and Children
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant and/or parenting women and their children up to age 12
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

New Hope Perinatal Teen Recovery Center

(619) 263-1790
1212 South 43rd St., Ste. C
San Diego, CA 92113

Hours: M-F 10:00-6:30
Population: Female adolescent
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.
Teen women also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant, parenting Latina teens ages 12 to 17
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila

North Inland Women's & Adolescent Recovery Center

(760) 761-0515

751 Rancheros Road, Suite 5
San Marcos, CA 92069

Hours: M-F 9:00-5:30
Population: Pregnant Parenting Teens and Women
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant and/or parenting women and teens ages 15 and up.
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila

ParentCare - East

(619) 668-4200

4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8:00-5:00
Population: Women, primarily pregnant & parenting
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site licensed child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant and parenting women
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

ParentCare - Central

(619) 266-0166

4125 Alpha Street
San Diego, CA 92113

Hours: M-F 8:00-5:00
Population: Women, primarily pregnant & parenting
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.
Specialty Populations: Pregnant and parenting women
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

South Bay Women's Recovery Center

(619) 336-1226
2414 Hoover Avenue
National City, CA 91950

Hours: M-F 9:00-5:30

Population: Women and children

Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Specialty Populations: Pregnant and/or parenting women and their children up to age 12

Parent Organization: McAlister Institute for Treatment and Education

County of San Diego Program Monitor: Jean Avila

Case Management

CalWORKs Case Management Services and Dependency Drug Court Services

(619) 668-4265
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8:00-5:00
Population: CalWORKs Welfare to Work Adults and CWS Dependency Court Adults
Service: CalWORKs and AOD case management services
Specialty Populations: Active adults on CalWORKs in the WTW program
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

Perinatal Case Management & Dependency Drug Court Services

(619) 668-4265
4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8:00-5:00 (other hours by appointment)
Population: Pregnant & parenting high risk of substance abuse; referrals from public. As a separate population, Dependency Drug Court parents referrals where substance abuse is a major factor in the children's removal from parent's custody. CWS referrals only.
Service: Mobile case management and dependency drug court services
Specialty Populations: Pregnant and parenting women
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

Safe House

(619) 442-0277

Hours: 5:00 p.m.-1:00 a.m.
Population: Pregnant and perinatal women. Transition CWS Clients that have completed AOD treatment
Parent Organization: McAlister Institute for Treatment and Education
County of San Diego Program Monitor: Jean Avila

CalWORKs Mental Health and Alcohol and Other Drugs (AOD)

Central
(858) 384-7035
8745 Aero Drive, #10750
San Diego, CA 92123

North Central
(619) 295-6067
2772 4th Avenue
San Diego, CA 92103

East
(619) 442-5434
330 S Magnolia Avenue, Suite #302
El Cajon, CA 92020

South
(619) 425-5609
1105 Broadway, Suite #209
Chula Vista, CA 91911

North Inland
(760) 745-0281
474 W Vermont Avenue, #103
Escondido, CA 92025

North Coastal
(760) 439-4577
1919 Apple Street, Suite A&B
Oceanside, CA 92054

Hours: M-F 9:00-4:00

Population: Adults

Service: Multi-Service Center for CalWORKs Welfare to Work (WTW) participants;
mental health and dual disorders counseling services

Specialty Populations: Active adults on CalWORKs in the WTW program

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor: Jean Avila

Prevention and Early Intervention Services (PEI)

Central Region Community Violence Services Alliance for Community Empowerment (ACE)

(619) 265-2727
1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence
Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children at Risk and Their Families and Community Violence Response Services
Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members or affiliates, or children of incarcerated parents
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Linda Bridgeman-Smith

East County School Age PEI

(619) 258-6877
3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-5:00
Population: School age children and their families in the designated school districts
Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.
Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Fran Cooper

Kickstart

(619) 481-3790

6160 Mission Gorge Road, Suite 100

San Diego, CA 92120

Hours: M-F 8:30-5:00 (The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends) www.kickstartsd.org

Population: Youth 10 to 17 years of age, and Transition Age Youth 18 to 24 years of age

Service: Services for individuals at-risk for developing or experiencing psychosis related to a serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the entire region of San Diego County

Parent Organization: Pathways Community Services

County of San Diego Program Monitor: Deborah Malcarne

Outreach and Prevention Education

Indian Health Council/ Dreamweaver Consortium

(760) 749-1410

50100 Golsh Road

Valley Center, CA 92082

Hours: M-F 8:00-4:30 plus flex hours based on need

Population: At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families

Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns services integrated with Native American Health care clinics

Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families

Parent Organization: Indian Health Council, Inc.

County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Outreach and Prevention Education
Southern Indian Health Council/ Dreamweaver Consortium**

(800) 400-1189
(619) 445-1188
4058 Willows Road
Alpine, CA 91901

Hours: M-F 8:00-4:30 plus flex hours based on need
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Health care clinic
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Outreach and Prevention Education
Sycuan Medical/Dental Center/ Dreamweaver Consortium**

(619) 445-0707
5442 Sycuan Road
El Cajon, CA 92019

Hours: M-F 8:00-4:30 plus flex hours based on need
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

Urban Indian Youth Center

(619) 531-1939
2560 First Avenue, Suite 103
San Diego, CA 92103

Hours: M-F 2:00-8:00
Population: At risk and high risk Urban American Indian and Alaska Native Children and Youth ages 10-22 and their families
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health services integrated with SDAIH Clinic
Specialty Populations: Urban American Indian and Alaska Native children and youth
Parent Organization: San Diego American Indian Health Center
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

Positive Parenting Program

(858) 637-3378

8804 Balboa Avenue

San Diego, CA 92123

Hours: M-Th 8:30-5:00, F 8:30-4:00
Population: Children 0-5 and their families
Service: Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools
Specialty Populations: Families, caregivers and educators of children 0-5 enrolled in Head Start and Early Head Start Centers in San Diego county; families living in low socio-economic communities and military families.
Parent Organization: Jewish Family Service of San Diego
County of San Diego Program Monitor: Liberty Donnelly

Rural Integrated Behavioral Health

Borrego Community Health Foundation-Julian Medical Clinic

(760) 765-1223

2721 Washington Street

Julian, CA 92036

Neighborhood Healthcare-Pauma Valley

(760) 742-9919

16650 California 76

Pauma Valley, CA 92061

North County Health Services-Ramona

(760) 789-1223

217 Earlham Street

Ramona, CA 92065

Hours: M-F 8:00-5:00 (After-hour care is available, with a provider on call to assist with patient's needs)
Population: Children, adolescents, Transition Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic
Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Shelly Tregembo

HEAR Now
School-Based Suicide Prevention and Early Intervention Program

(619) 258-6877
3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-4:30
Population: Children 7th through 12th grade.
Service: School-based prevention and early Intervention services to middle and high schools located in the est region of the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide
County of San Diego Program Monitor: Andrienne Yancey

North PEI School Age Services

(760) 741-2660

1002 East Grand Avenue
Escondido, CA 92025

945 Vale Terrace Drive
Vista, CA 92084

Hours: M-F 8:30-5:00
Population: School age children and their families in the designated school districts
Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.
Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts
Parent Organization: Palomar Family Counseling Services
County of San Diego Program Monitor: Fran Cooper

Father 2 Child
Mental Health America

(619) 942-6588
4069 30th Street
San Diego, CA 92104

Hours: M/TH 10-4, T/W/F 1-6 (After hours as needed)
Population: African American custodial or non-custodial fathers of children under the age of 18 who reside in the Southeastern San Diego
Service: Best practice parenting model "24/7 Dad" offering group services to African American fathers to improve attitudes towards fathering, fathering knowledge, and fathering skills
Specialty Populations: African American children ages 0-18
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Adrienne Yancey

Outcome Measures Services

Child and Adolescent Research Services

(858) 966-7703

3665 Kearny Villa Road, Suite 200

San Diego, CA 92123

Population: Children and Youth with severe emotional disturbances who are served by County of San Diego Children Mental Health Services

Service: Countywide data and outcomes research services on County of San Diego Children's Mental Health Services. Includes collaboration with County-contracted provider programs and other County departments located in each of the six Health and Human Services regions

Specialty Populations: N/A

Parent Organization: Regents of the University of California, University of California, San Diego

County of San Diego Program Monitor: Elizabeth Miles

School Listing for Children’s Behavioral Health Services
(School-Based Outpatient programs)

School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

Alpine Union School District

Provider: Community Research Foundation-Crossroads Family Center
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Alpine Community Day School
Alpine Elementary

Borrego Springs Unified School District

Provider: Vista Hill Foundation-North Inland
Address: 398 D Street, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Borrego Springs Elementary
Borrego Springs Junior High
Borrego Springs High

Cajon Valley Union School District

Provider: Chaldean-Middle Eastern Social Services
Address: 436 S. Magnolia Ave. Suite #201, El Cajon, CA 92020
Phone: (619) 631-7400

Schools: Cajon Valley Middle
Emerald Middle
Johnson Elementary
Lexington Elementary

Cajon Valley Union School District (continued)

Provider: New Alternatives, Inc.- Cajon Valley School Project
Address: 165 Roanoke, Rm. 202EI Cajon, CA 92021
Phone: (619) 588-3653

Schools: Anza Elementary
Avocado Elementary
Blossom Valley Elementary
Bostonia Elementary
Cajon Valley Middle
Cajon Valley Home School
Chase Elementary
Crest Elementary
Community Day (DRF)
Emerald STEM Magnet Middle School (DRF)
Flying Hills Elementary
Fuerte Elementary
Greenfield Middle
Hillsdale Middle
Jamacha Elementary
Johnson Elementary
Lexington Elementary
Los Coches Creek Middle
Madison Elementary
Magnolia Elementary
Meridian Elementary
Montgomery Middle
Naranca Elementary
Rancho San Diego Elementary
Rios Elementary (DRF)

Chula Vista Elementary School District

Provider: Community Research Foundation-Nueva Vista Family Services
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911
Phone: (619) 585-7686

Schools: Daly Academy Elementary
Feaster Charter Elementary
Mueller Charter

**Chula Vista Elementary School District
(continued)**

Provider: South Bay Community Services-South
Address: 1124 Bay Blvd., Suite D, Chula Vista, CA 91911
Phone: (619) 420-3620

Schools: Castle Park Elementary
Harborside Elementary
Lauderbach Elementary
Loma Verde Elementary
Montgomery Elementary
Otay Elementary
Rice Elementary
Silver Wing Elementary
Vista Square Elementary

Encinitas Union School District

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry-North County
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Ocean Knoll Elementary
Paul Ecke Central Elementary

Escondido Union School District

Provider: Vista Hill Foundation Lincoln Annex-Escondido

Address: 1029 N Broadway, Escondido, CA 92026

Phone: (760) 489-4126

Schools: Bear Valley Middle
Bernardo Elementary
Central Elementary
Conway Elementary
Del Dios Middle
Farr Elementary
Felicita Elementary
Glen View Elementary
Hidden Valley Middle
Juniper Elementary
Lincoln Elementary
L. R. Green Elementary
Miller Elementary
Miller One Program (ED)
Mission Middle
North Broadway Elementary
Oak Hill Elementary
Orange Glen Elementary
Pioneer Elementary
Reidy Creek Elementary
Rincon Middle
Rock Springs Elementary
Rose Elementary

Provider: Palomar Family Counseling Services – School Age PEI

Address: 1002 East Grand Ave., Escondido, CA 92025

Phone: (760) 741-2660

Schools: Pioneer Elementary
Rose Elementary

Escondido Union High School District

Provider: Palomar Family Counseling Services-North Inland/North Coastal

Address: 1002 East Grand Ave., Escondido, CA 92025

Phone: (760) 741-2660

Schools: Del Lago Academy
Escondido High
Orange Glen High
San Pasqual High
Valley High

Fallbrook Union Elementary School District

Provider: Palomar Family Counseling Services-Fallbrook
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028
Phone: (760) 731-3235

Schools: Fallbrook Street Elementary
La Paloma School
Live Oak Elementary
Maie Ellis Elementary
Potter Junior High
Santa Margarita Academy
William Frazier Elementary

Fallbrook Union High School District

Provider: Palomar Family Counseling Services-Fallbrook
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028
Phone: (760) 731-3235

Schools: Fallbrook High
Ivy High

Grossmont Union High School District

Provider: McAlister Institute – Teen Recovery Center
Address: 1600 N. Cuyamaca St., El Cajon, CA 92020
Phone: (619) 588-5361

Schools: Chaparral High

Provider: Rady Children's Outpatient Psychiatry- Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Granite Hills High

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 465-5006

Schools: Grossmont High
Helix Charter High
Mount Miguel High
Steel Canyon High

**Grossmont Union High School District
(continued)**

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 619-448-9700

Schools: Chaparral High
El Cajon Valley High
El Capitan High
Monte Vista High

Provider: Vista Hill- Merit Academy
Address: 1600 N. Cuyamaca St., El Cajon, CA 92020
Phone: (619) 956-0615
Schools: Chaparral High

Jamul-Dulzura Union School District

Provider: Community Research Foundation-Crossroads Family Services
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Jamul Intermediate
Jamul Primary
Oak Grove Middle

Julian Union School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Julian Elementary
Julian Middle

Julian Union High School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

School: Julian High

Juvenile Court and Community Schools San Diego County Office of Education

Provider: Community Research Foundation Mobile Adolescent Service Team (MAST)

Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110

Phone: (619) 398-3261

Schools: 1st Ave Literacy (East)
Bay Blvd. Community (South)
Bayside Blended Community (Central)
El Cajon Community (East)
Escondido Community (North Coastal/North Inland)
Fallbrook Learning Center (North Inland)
Goodland Acres Community (East)
Innovation Academy of Empowerment (South)
La Mesa Community (East)
LITT Resources/Old Town (Central)
Metro Summit (Central)
Mira Mesa Summit (Central)
Monarch High (Central)
North County Tech Academy (North Coastal)
Second Chance Program (South)
South Bay Technology Academy (South)
Southland Community (South)
Sports Academy (South)
Teen Options (North Coastal/North Inland)
Thurgood Marshall Community (Central)
Umoja Community (South)
Victoria Community (South)

For current locations check San Diego Office of Education:

<http://www.sdcoe.net/jccs/Pages/default.aspx>

Lakeside Union School District

Provider: San Diego Center for Children- East County Outpatient

Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942

Phone: (619) 668-6200

Schools: Lakeside Farms Elementary

Lakeview Elementary

Lemon Crest Elementary

Lindo Park Elementary

Riverview Elementary

Winter Gardens Elementary

Provider: San Diego Youth Services-East County Behavioral Health

Address: 1870 Cordell Court #101, El Cajon, CA 92020

Phone: (619) 619-448-9700

Schools: Lakeside Middle

Tierra Del Sol Elementary

La Mesa-Spring Valley School District

Provider: Family Health Centers of San Diego-Community Circle East

Address: 3845 Spring Drive, Spring Valley, CA 91977

Phone: (619) 515-2353

Schools: Avondale Elementary

Bancroft Elementary

Casa de Oro Elementary

Highlands Elementary

Kempton Elementary

La Presa Elementary

La Presa Middle

Loma Elementary

Quest Academy

Rancho Elementary

Spring Valley Middle

Sweetwater Springs Elementary

**La Mesa-Spring Valley School District
(continued)**

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941
Phone: (619) 668-6200

Schools: Fletcher Hills Elementary
Glenn Murdock Elementary
La Mesa Dale Elementary
La Mesa Middle
Lemon Avenue Elementary
Maryland Avenue Elementary
Murray Manor Elementary
Northmont Elementary
Parkway Middle
Rolando Elementary

Provider: San Diego Youth Services – East Region PEI
Address: 3845 Spring St., Spring Valley, CA 91977
Phone: (619) 258-6877 ext. 3253

Schools: Bancroft Elementary
Highlands Elementary
Loma Elementary

Lemon Grove School District

Provider: San Diego Center for Children-East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 668-6200

Schools: Lemon Grove Academy Elementary
Lemon Grove Academy Middle
Monterey Heights Elementary
Mount Vernon Elementary
San Altos Elementary
San Miguel Elementary
Vista La Mesa Elementary

Mountain Empire Unified School District

Provider: Community Research Foundation-Crossroads Family Services

Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021

Phone: (619) 441-1907

Schools: Campo Elementary
Campo High
Clover Flat Elementary
Cottonwood Community Day
Descanso Elementary
Jacumba Elementary/Middle
Mountain Empire High
Pine Valley Charter/Julian Academy
Pine Valley Elementary
Potrero Elementary
Redhawk Academy

National School District

Provider: Community Research Foundation-Nueva Vista Family Services

Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

Phone: (619) 585-7686

Schools: Central Elementary
Ira Harbinson Elementary
John Otis Elementary
Kimball Elementary
Las Palmas Elementary
Lincoln Acres Elementary
Olivewood Elementary
Palmer Way Elementary

Provider: Paradise Valley ALLY National City Program

Address: 502 Euclid Ave, Suite 103, National City, CA 91950

Phone: (619) 267-5115

Schools: El Toyon Elementary
Ira Harbison Elementary
John Otis Elementary
Kimball Elementary
Las Palmas Elementary
Lincoln Acres Elementary
Olivewood Elementary
Palmer Way Elementary
Rancho De La Nacion

Oceanside Unified School District

Provider: North County Lifeline, Inc.
Address: 707 Oceanside Blvd., Oceanside, CA 92054
Phone: (760) 757-0118

Schools: Cesar Chavez Middle
Christa McAuliffe Elementary
Ivey Ranch Elementary
Jefferson Middle
Martin Luther King Middle
Ocean Shores High

Provider: Palomar Family Counseling Services- North Coastal/North Inland
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: Laurel Elementary
Mission Elementary
Oceanside High
Palmquist Elementary
South Oceanside Elementary

Provider: Palomar Family Counseling Services – School Age PEI
Address: 1002 East Grand Ave., Escondido, CA 92025
Phone: (760) 741-2660

Schools: Christa McAuliffe Elementary
Del Rio Elementary
Foussat Elementary
Laurel Elementary
Libby Elementary
Mission Elementary
San Luis Rey Elementary
South Oceanside Elementary

Provider: Rady Children's Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Del Rio Elementary
Foussat Elementary
Garrison Elementary
Libby Elementary
Reynolds Elementary
San Luis Rey Elementary

**Oceanside Unified School District
(continued)**

Provider: Union of Pan Asian Communities (UPAC)
Address: 1031 25th St., San Diego, CA 92102
Phone: (619) 232-6454

Schools: El Camino High
Lincoln Middle

Poway Unified School District

Provider: Rady Children's Outpatient Psychiatry- North Inland
Address: 625 W Citracado Parkway, Suite 102, Escondido, CA 92025
Phone: (760) 294-9270

Schools: Meadowbrook Middle
Mt. Carmel High

Ramona Unified School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main St., Ramona, CA 92065
Phone: (760) 788-9724

Schools: Barnett Elementary
Hanson Elementary
James Duke Elementary
Mt. Woodson Elementary
Olive Peirce Middle
Ramona Community/Mt. Valley School
Ramona Elementary
Ramona High

San Diego Unified School District

Provider: Community Research Foundation-Douglas Young Youth & Family Services

Address: 7907 Ostrow Street, Suite F, San Diego, CA 92111

Phone: (858) 300-8282

Schools: Carver Elementary
Central Elementary
Cherokee Point Elementary
Clairemont High
Crawford High
Field Elementary
Ibarra Elementary
Innovation Middle
Juarez Elementary
Kimbrough Elementary
Lindbergh/Schwitzer Elementary
Horace Mann Middle
Marshall Elementary
Marston Middle
Mira Mesa High
Pershing Middle
Ross Elementary
Twain Mesa (at Mira Mesa High
Walker Elementary
Wangenheim Middle

Provider: Community Research Foundation Mobile Adolescent Service Team (MAST)

Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110

Phone: (619) 398-3261

E3 Civic School
Language Academy
Penn Elementary
Perry Elementary

Provider: Family Health Centers of San Diego - Community Circle Central

Address: 2204 National Avenue, San Diego, CA 92113

Phone: (619) 515-2355

Schools: Baker Elementary
Balboa Elementary
Burbank Elementary
Cesar Chavez Elementary
Emerson/Bandini Elementary
Florence Elementary
Rodriguez Elementary
Logan Elementary
Memorial Preparatory
Normal Heights Elementary

**San Diego Unified School District
(Continued)**

Provider: Mental Health Systems- School Based
Address: 4660 Viewridge Avenue, San Diego, CA 92123
Phone: (858) 278-3292

Schools: Audubon K-8
Carson Elementary
Farb Middle
Kearny High
Linda Vista Elementary
Mission Bay High
Montgomery Middle
Muirlands Middle
Pacific Beach Middle
Taft Middle
Twain Middle

Provider: Prime Healthcare, Inc. Advocating, Listening, & Leading Youth (ALLY)
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 267-5115

Schools: Lee Elementary
Zamorano Elementary

Provider: Pathways Community Services
Address: 6244 El Cajon Blvd., Suite 14, San Diego, CA 92115
Phone: (619) 640-3266

Schools: Adams Elementary
Euclid Elementary
Fay Elementary
Franklin Elementary
Garfield Elementary
Golden Hill K-8
Hamilton Elementary
Joyner Elementary
Millennial Tech Middle
Monroe Clark Middle
Oak Park Elementary
Rosa Parks Elementary
Rowan Elementary
Webster Academy

**San Diego Unified School District
(Continued)**

Provider: Rady Children's Outpatient Psychiatry - Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832 Extension 3794

Schools: Hoover High
Morse High

Provider: San Diego Unified School District - Early Childhood Mental Health Services
Incredible Years

Address: 3510 Newton Avenue, Building B103, San Diego, CA 92113
Phone: (619) 344-6229

Schools: Adams Elementary
Burbank Elementary
Chollas/Mead Elementary
Edison Elementary
Emerson/Bandini Elementary
Euclid Elementary
Fulton Elementary
Rosa Parks Elementary
Sherman Elementary

Provider: San Diego Unified School District Outpatient Program
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 627-7596

Schools: CPMA Middle
Johnson Elementary
Rolando Park Elementary
Washington Elementary
Wilson Middle

Provider: San Diego Unified School District - Mental Health Resource Center
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 573-2228

Schools: ALBA
CPMA Middle
Johnson Elementary
Rolando Park Elementary
Washington Elementary
Wilson Middle
Marcy Day Rehab
New Dawn Day Rehab
Unified Day

**San Diego Unified School District
(Continued)**

Provider: Social Advocates for Youth (SAY)
Address: 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105
Phone: (619) 283-9624

Schools: Encanto Elementary
Epiphany Charter
Freese Elementary
O'FARRELL COMMUNITY

Provider: Union of Pan Asian Communities (UPAC) – Counseling and Treatment Center (CTC)
Address: 1031 25th Street, San Diego, CA 92102
Phone: (619) 232-6454

Schools: Bell Middle (API only)
Boone Elementary
Chesterton Elementary
Chollas/Mead Elementary
Edison Elementary
Fulton Elementary K-8
Gompers Preparatory Academy 6-12
Horton Elementary
Hoover High
Knox Elementary
Morse High (API only)
Nye Elementary
Paradise Hills Elementary
Porter Elementary
Valencia Park Elementary

Provider: YMCA -Therapeutic Interventions Designed to Empower Students (TIDES)
Address: 4080 Center Street, Suite 103, San Diego, CA 92103
Phone: (619) 543-9850

Schools: Birney Elementary
Clay Elementary
King Chavez Arts Academy/Athletics Academy
King Chavez Preparatory Academy
Ocean Beach Elementary
Perkins Elementary
Roosevelt Middle
San Diego High
Sherman Elementary

San Marcos Unified School District

Provider: Rady Children's Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Alvin Dunn Elementary
San Marcos Elementary
Woodland Park Middle

Santee School District

Provider: Rady Children's Outpatient Psychiatry-Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-8471

Schools: Hill Creek Elementary
Pepper Drive Elementary
Prospect Avenue Elementary
Rio Seco Elementary

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 448-9700

Schools: Cajon Park Elementary
Carlton Hills Elementary
Carlton Oaks Elementary
Chett Harritt Elementary
Santee Success Program

San Ysidro School District

Provider: Rady Children's Outpatient Psychiatry - Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Sunset Elementary

Provider: San Ysidro Health Center-Youth Enhancement Services (YES)
Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154
Phone: (619) 428-5533

Schools: La Mirada Elementary
San Ysidro Middle
Smythe Elementary
Willow Elementary

South Bay Union School District

Provider: Paradise Valley Advocating, Listening, & Leading Youth (ALLY) South Bay Program

Address: 330 Moss St., Chula Vista, CA 91911

Phone: (619) 628-2591

Schools: Bayside Elementary
Berry Elementary
Central Elementary
Emory Elementary
George Nicoloff Elementary
Howard Pence Elementary
Imperial Beach Elementary
Nester Elementary
Oneonta Elementary
Sunnyslope Elementary
Teofilo Mendoza Elementary
Westview Elementary

Spencer Valley School District

Provider: Vista Hill Learning Center- Ramona/North Inland

Address: 1012 Main Street, #101, Ramona, CA 92065

Phone: (760) 788-9724

School: Spencer Valley Elementary

Sweetwater Union High School District

Provider: Community Research Foundation-Nueva Vista Family Services

Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

Phone: (619) 585-7686

Schools: Chula Vista High
Chula Vista Middle
Eastlake High
Mar Vista Academy*
Montgomery Middle*
National City Middle
SAILS

*feeds into FRC

**Sweetwater Union High School District
(Continued)**

Provider: South Bay Community Services
Address: 1124 Bay Blvd., Suite D, Chula Vista, CA 91911
Phone: (619) 420-3620

Schools: Bonita Vista Middle
Bonita Vista High
Castle Park High
Castle Park Middle
Chula Vista High
Chula Vista Middle
Eastlake Middle
Granger Junior High
Hilltop High
Hilltop Middle
Mar Vista High*
Otay Ranch High
Palomar High
Rancho del Rey Middle
Sweetwater High

*feeds into FRC

Provider: San Ysidro Health Center- Youth Enhancement Services (YES)
Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154
Phone: (619) 428-5533

Schools: Mar Vista Academy – Family Resource Center (FRC)
Mar Vista High
Montgomery High – Family Resource Center (FRC)
Montgomery Middle
San Ysidro High *
Southwest High*
Southwest Middle*

*feeds into FRC

Valley Center-Pauma Union School District

Provider: Palomar Family Counseling Services
Address: 1002 East Grand Ave, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Lilac Elementary
Oak Glen High
Pauma Elementary
Valley Center Elementary
Valley Center Middle
Valley Center Primary
Valley Center High School

Provider: Palomar Family Counseling Services – School Age PEI
Address: 1002 East Grand Ave, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Valley Center Primary
Valley Center Elementary

Vista Unified School District

Provider: North County Lifeline, Inc.
Address: 707 Oceanside Blvd, Oceanside, CA 92054
Phone: (760) 757-0118

Schools: Alamosa Park Elementary
Empresa Elementary
Guajome Park Academy
Major General Murray High
Mission Meadows Elementary
Mission Vista High School
Olive Elementary
Roosevelt Middle
Temple Heights Elementary
Vista Innovation and Design Academy (VIDA)
Vista High School

Provider: Palomar Family Counseling Services
Address: 1002 East Grand Avenue, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Alta Vista High
Beaumont Elementary
Bobier Elementary
Foothill Oak Elementary
Hannalei Elementary
Monte Vista Elementary
Rancho Minerva Middle
Vista Academy of Visual and Performing Arts (VAPA)
Vista Magnet Middle

**Vista Unified School District
(Continued)**

Provider: Rady Children's Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Breeze Hill Elementary
Casita Center Elementary
Grapevine Elementary
Maryland Elementary
Rancho Buena Vista High

Provider: Union of Pan Asian Communities (UPAC)
Address: 1031 25th Street, San Diego, CA 92102
Phone: (619) 232-6454

Schools: Lake Elementary
Madison Middle

Warner Unified School District

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main St, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Warner Springs Elementary
Warner Springs High
Warner Springs Middle

Community Information

ACCESS Customer Service Center

(866) 262-9881

Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers

Access and Crisis Line

(888) 724-7240

San Diego Access and Crisis Line at 800-479-3339 (24 hours, 7 days a week). The San Diego Access and Crisis Line specialize in assisting callers through mental health challenges, crisis and suicide prevention as well as alcohol, drug and behavioral health information and referral.

Child Abuse Hotline

(800) 344-6000

Toll free within the State of California

Info-Line

211 (Local)
(800) 227-0997 (Outlying)

Information and referral for all Social Services in San Diego County

Office of the Primary Public Defender- Juvenile Delinquency

(858) 974-5757

County run law offices of the Public Defender

Polinsky Children's Center

(858) 514-4600

County run shelter for children in need of protective services

Social Security Administration

(800) 772-1213

Main information number to access Social Security benefits and information

San Diego Network of Care for Behavioral Health

<http://sandiego.networkofcare.org>

Support Groups/Self-Help

Children and Adults with Attention Deficit Disorder (CHADD)
San Diego Chapter (760) 736-1111
National Resource Center (800) 233-4050

Mental Health America
Information on mental health, advocacy, and self-help groups
(619) 543-0412

Alcoholics Anonymous
Central (619) 265-8762
North County (760) 758-2514

Narcotics Anonymous
(619) 584-1007
Spanish speaking line (619) 546-0774
(800) 479-0062

Gamblers Anonymous
(888) 233-8547

NAMI San Diego Helpline
(National Alliance on Mental Illness)
Education, Support and Resource Information for family members, consumers, and people
affected by mental illnesses
(619) 543-1434
(800) 523-5933

San Diego County Al-Anon Information Office
(619) 296-2666
If you are calling from North County or East of Alpine
(800) 690-2666

Yellow Ribbon
Suicide Prevention Program
San Diego Chapter (888)724-7240
Nationwide (800)273-TALK (8255)

Behavioral Health Websites

1. **211 Inform San Diego**
<http://www.informsandiego.com>
2. **American Academy of Pediatrics California Chapter 3 - San Diego**
<http://www.aapca3.org/>
3. **American Institutes for Research**
<http://www.air.org>
4. **ARC of San Diego**
<http://www.arc-sd.com>
5. **Bi-Polar Kids**
<http://www.thebalancedmind.org/>
6. **Center for School Mental Health**
<http://csmh.umaryland.edu/>
7. **Children and Adults with Attention Deficit/Hyperactivity Disorder**
<http://www.chadd.org/>
8. **Children Mental Health (CMH) Network**
<http://www.cmhnetwork.org>
9. **Department of Managed Health Care**
<http://www.dmhc.ca.gov>
10. **Health and Human Services of San Diego County**
<http://www.sandiegocounty.ca.gov>
11. **Healthy San Diego**
http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy_san_diego/index.html
http://www.sdcounty.ca.gov/hhsa/programs/ssp/healthy_san_diego/index.html
Access & Crisis Line (888) 724-7240
12. **National Alliance on Mental Illness**
<http://www.nami.org>
13. **National Federation of Families for Children's Mental Health**
<http://www.ffcmh.org>
14. **OPTUM Health**
<http://www.optumsandiego.com>
15. **Technical Resource Library (TRL)**
http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html
16. **San Diego Network of Care for Behavioral Health**
<http://sandiego.networkofcare.org>

CYFBHS Provider Resource Manual Edits/Updates

NAME OF ORGANIZATION/AGENCY: _____

ADDRESS: _____

PHONE NUMBER: _____

ELIGIBILITY/POPULATION: _____

SERVICES: _____

CULTURAL/LINGUISTIC SERVICES: _____

SPECIALTY POPULATIONS: _____

PARENT ORGANIZATION: _____

CONTACT/TITLE: _____

OTHER: _____

If you have any revisions, edits, and or comments, please complete this form and send to Yvonne Gage:

Children, Youth and Families Behavioral Health Services

Administration

P.O. Box 85524 – MS: P-531C

San Diego, CA 92186-5524

619-584-3016 / Fax: 619-563-2775

Or e-mail: Yvonne.Gage@sdcounty.ca.gov